



Adelaide Rowing Club

Intermediate Programme Terms & Conditions

Revision	0
Issue Date	14 October 2026
Contact	Committee, Programme Lead Coach

These conditions apply specifically to the Intermediate Programme and should be read in conjunction with the ARC Rowing Programme Terms & Conditions.

- Eligibility** - The programme is open to participants aged 16 years and over. Participants under 16 may only participate with prior approval from ARC.
- Programme Inclusions** - Enrolment includes:
 - Up to ten (10) coached rowing sessions;
 - Use of ARC equipment during programme sessions;
 - Access to the ARC WhatsApp Community;
 - Complimentary access to the ARC gym and Thursday night social activities between 5:00pm and 8:00pm on Thursdays during the programme period.
- Not Membership** - Participation in the Intermediate Programme does not constitute membership of Adelaide Rowing Club and does not provide the rights or benefits of Club membership except where expressly stated in these conditions. Completion of the programme does not guarantee Club membership, squad placement or crew selection.
- Gym, Social and Community Access** - Access to the ARC gym, WhatsApp Community and Thursday night social activities is provided as part of the programme. Participants must comply with all Club rules, policies and reasonable directions. ARC may suspend or withdraw access at any time.
- Validity Period** - All ten (10) sessions must be used within six (6) months of the participant's first attended session.
- Attendance and Session Usage** - ARC will conduct weekly attendance polls to assist with coaching, crew allocation and equipment planning. Participants who indicate they will attend a session by the poll closing time (Thursday evening) are expected to attend. If a participant withdraws, cancels or fails to attend after the poll has closed, the session will be counted as used. ARC may waive this requirement in cases of illness, injury or other extenuating circumstances at its discretion.
- Unused Sessions** - Unused sessions expire after six months and are not refundable, transferable, redeemable for cash, or able to be carried forward.
- Transfers and Refunds** - Programme enrolments and sessions are specific to the registered participant and cannot be transferred to another person. Fees are non-refundable in whole or in part except where required by law.

9. **Session Changes** - ARC may cancel, reschedule or modify sessions due to weather, water conditions, safety considerations, coach or equipment availability or other operational requirements. Participants will not lose a session where ARC cancels a session.
10. **Order of Precedence** - Where these conditions differ from the ARC Rowing Programme Terms & Conditions, these conditions shall prevail for the Intermediate Programme.

Document Control

Revision	Effective Date	Summary of Changes Made
0	14 October 2026	Initial issue.