



### Adelaide Rowing Club

GPO Box 1228, Adelaide, South Australia, 5001  
ph: (08) 8231 6527 [www.adelaiderowingclub.com.au](http://www.adelaiderowingclub.com.au)  
ABN 17 750 532 137

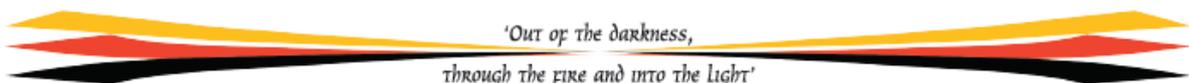
## LTR / Intermediate Programme Registration Form

Participant Contact Details	
Title: Mr / Ms / Mrs / Miss / Dr / _____ Surname: _____	
Given Names: _____	
Email Address: _____	
Mobile Phone Number: _____	
Street Address: _____	
Suburb: _____	Postcode: _____ State: _____
Date Of Birth: ____ / ____ / ____	Gender: Male / Female
Emergency Contact Details	
Emergency Contact Name: _____	
Emergency Contact Phone Number: _____	
I am able to swim 50m fully clothed. Yes / No	
Please outline any medical conditions that may affect your ability to safely participate in rowing activities:	
_____	
_____	
_____	
2014-15 Course Options	
<i>(please circle one – prices include GST)</i>	
<b>\$ 220.00</b>	LEARN TO ROW (5x Sessions)
<b>\$ 330.00</b>	INTERMEDIATE (10x Sessions)

I understand the ARC Learn To Row & Intermediate Programme Terms & Conditions, and agree to be bound by them.

Signed: \_\_\_\_\_ Dated: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Please complete and return this form to [learntorow@adelaiderowingclub.com.au](mailto:learntorow@adelaiderowingclub.com.au). The LTR Co-ordinator will contact you to schedule a place in an upcoming program. Once scheduled in a program, we will issue you with an invoice for the course fees. Payment instructions will be detailed on the invoice. Your place in the program will only be confirmed once payment is received.



'Out of the darkness,  
through the fire and into the light'



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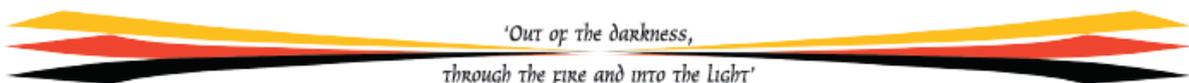
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## Learn To Row & Intermediate Programme - Terms & Conditions

*In registering to participate in the Adelaide Rowing Club Learn To Row (LTR) & Intermediate Programmes, each participant agrees to the following Terms and Conditions.*

- 1. Each LTR programme runs for a total of 5 sessions. Intermediate programmes run for 10 sessions. It is expected that the participant attends all of the scheduled sessions to ensure full crews are able to be put on the water.*
- 2. A completed registration form and full payment must be received to confirm your place in a programme – until both are received, we cannot assure you a place in any scheduled programme*
- 3. We are unable to offer “pay as you go” payment.*
- 4. Once your place in a programme has been confirmed, no refunds are able to be offered if you voluntarily withdraw from participating in the programme, including as a result of illness. However, we will consider offering you a place in a subsequent programme.*
- 5. To ensure that we offer a quality programme and provide a consistent platform from which everyone in the crew can develop, participants are allocated into set crews at the first session which we endeavour to keep relatively constant for the remainder of the programme. For the fairness of other participants in the crew, we do not offer any refunds after the first session.*
- 6. In cases of bad weather (wind, rain, lightning etc.), sessions will still go ahead as scheduled, but no on-water rowing will be conducted to ensure the safety of all participants. This will be determined solely at the discretion of the LTR Coach. An extended off-water session using the rowing machines will go ahead at the same time and venue.*
- 7. Rowing is an activity that can involve strenuous physical activity, and a reasonable level of fitness is required to participate in the sport to its full extent. Participants with existing medical issues should consult their physician as to their ability to participate in the sport and our programme. Please ensure that the LTR Coach is made aware of any medical conditions that may affect your ability to participate safely in the programme.*
- 8. Due to the physical strength required to be able to participate in rowing, the Club has set a minimum age limit for participants in the LTR and Intermediate programmes of 16 years.*
- 9. During summer, the Torrens Lake can be closed to on-water activity because of blue-green algal blooms. If this happens then the programme will be moved to our alternate boatshed at West Lakes.*
- 10. LTR participants are not permitted to use the Club’s equipment unless supervised by the LTR Coach.*
- 11. To ensure your safety and to avoid damage to our equipment, all participants are required to follow the directions and instructions provided by the LTR Coach.*
- 12. The use of the facilities & equipment of the Adelaide Rowing Club shall be at each participant’s own risk, and that the club, its officers and members, shall have no liability for any injuries or damage resulting from such use.*
- 13. ARC accepts no responsibility or liability for the private property that is left unattended on the Club’s premises.*

*For any questions regarding these Conditions, please contact our LTR Co-ordinator, Donna Webb, via email at: [learntorow@adelaiderowingclub.com.au](mailto:learntorow@adelaiderowingclub.com.au).*



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